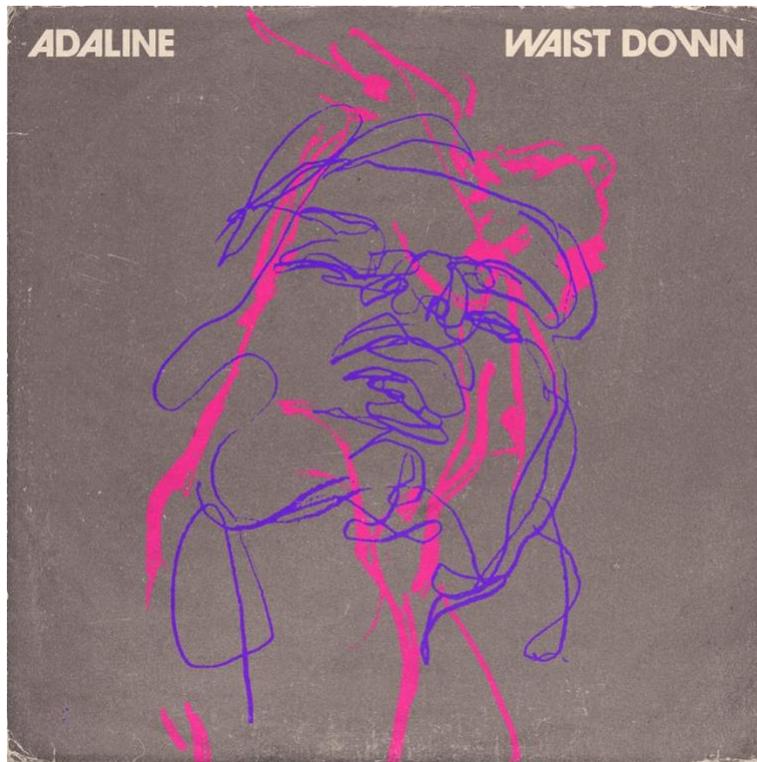


MEDIA RELEASE

**ADALINE DROPS NEW SINGLE “WAIST DOWN”**  
Digital Single Available Now on All Digital Platforms [HERE](#)  
LISTEN [HERE](#)

**NEW EP *DEAR ILLUSION* OUT FEBRUARY 28**



Download Single Artwork [HERE](#)  
Artwork Credit: Devin Wilson

“Adaline is pop music's best-kept secret.” –**PopDust**

“One of the best young songwriters in the country...” –**CBC q, Tom Power**

“A visionary classic from one of Canada’s best up and coming talents.” –**CBC Music**

(October 4, 2019 – Toronto, ON) Canadian alt pop-inspired singer/songwriter/composer **Adaline** has dropped “Waist Down”, the second single off of her forthcoming EP, ***dear illusion***, due out on **February 28, 2020**. “*Waist Down* is about the priority of pleasure and how that somehow sustains a relationship that is starving in every other way,” comments Adaline. “*Physical gratification acts as a bump that keeps things moving and distracts from the impending collapse.*”

**Stream & Purchase “Waist Down” on all DSPs [HERE](#).**

“Waist Down” follows lead single “Part Of You”, which debuted earlier this year. The stunningly beautiful torch-pop track is available on all digital platforms [HERE](#).

*dear illusion*, the fourth release from the captivating songstress, is a collection of music inspired by the Californian landscape, where Adaline has resided the past 3 years. Largely produced by **Maximilian Jaeger** (*Diplo, Big Sean*), there is a noted shift from the moody sound one would normally expect from Adaline. Breezy pop hooks are infused with stories of disillusionment, addiction and a journey into a revelatory love. Darker themes explore the push and pull of the illusions we create paired with a sonic lightness that is ethereal and bright.

It takes only a few moments of conversation with the prodigiously talented Adaline to be drawn in by her insightful intelligence and charm. In a similarly brief length of time, when listening to the powerfully evocative and percussive poetic melodies of her music, listeners experience another side – one that is intensely revelatory, emotionally unbound and searing in its honesty. Her prior release, *Aquatic*, featuring 10 hook-infused percussive moody-pop songs, received praise from the likes of Paste Magazine, Highlight Magazine, and The Line of Best Fit. Critically-acclaimed sophomore release *Modern Romantics* earned a nomination for Pop Recording of the Year at the Western Canadian Music Awards and was deemed by CBC Radio “a visionary classic; a breathtaking in-depth journey of the imagination.”

A successful and prolific composer for film and television, the Canadian born now Los Angeles-based artist has been featured in over 80 scenes including *Grey’s Anatomy, 90210, Rookie Blue, Lost Girl, Ringer, Flashpoint, MacGyver, Deglassi, Heartland, Killjoys, The Samaritan* and more. She worked with Brendan Canning of Broken Social Scene on the score for the Bret Easton Ellis written film, *The Canyons*, directed by Paul Schrader, starring Lindsay Lohan, and on the documentary feature *Youth Unstoppable*, which features music from Radiohead and Moby. She also scored the NBC Thriller, *Fear of Mutilation*. Adaline was selected to do a 10-month composer residency at Norman Jewison’s Canadian Film Centre where she collaborated with Canada’s up and coming film talent. She is also the voice behind the successful Cineplex short film *Lily and The Snowman* which features her cover of “Follow You Follow Me” by Genesis. The film went viral online garnering over 55 million views and was seen by 40 million people in theatres.

Link to **\*\*NEW\*\*** Press Photo: <https://bit.ly/2oOPEJq> | Credit: Ben McKinley

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For press inquiries contact:

**Listen Harder Music Publicity**

Jen Cymek | [jen@listenharder.com](mailto:jen@listenharder.com)

2938 Dundas St. W. P.O Box 70704 Junction Gardens PO  
Toronto, ON M6P 1Y0

Management:

**Resonance Management**

Ben McKinley | [ben@resonancemgmt.com](mailto:ben@resonancemgmt.com)

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